

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Delmarie Henning**

Has successfully participated & completed the

**10 km Adult Weekend Warrior Trail sponsored by Tru-Cape**

held at Grabouw Country Club.

**TIME 01:33:33**

**PACE 09:21/km**

**GENDER 7 of 14**

**OVERALL 13 of 23**

**50 - 59 3 of 4**

11 May 2019, Sat

Date



*BoutTime*

Signature

