

CERTIFICATE OF PARTICIPATION

This is to certify that

Delmarie Henning

Has successfully participated & completed the

10 km Adult Weekend Warrior Trail sponsored by Tru-Cape

held at Grabouw Country Club.

TIME 01:33:33

PACE 09:21/km

GENDER 7 of 14

OVERALL 13 of 23

50 - 59 3 of 4

11 May 2019, Sat

Date



BoutTime

Signature

